



12111 NE First Street, Bellevue, Washington 98005 / P.O. Box 90010, Bellevue, Washington 98009-9010

DATE: July 16, 2020
TO: Prospective High School Athletes and Families
FROM: Jeff Lowell, District Athletics and Activities Director
RE: Updates for Fall Sports 2020 and Summer 2020 Programs

At their July 7 meeting, the Washington Interscholastic Activities Association (WIAA) Executive Board took action to delay the start of the fall sports season. The WIAA is the state governing body for high school sports.

Fall sports affected in Bellevue School District (BSD) include:

- Cross Country (Boys and Girls)
- Football
- Golf (Boys)
- Soccer (Girls)
- Swim & Dive (Girls)
- Tennis (Boys)
- Volleyball
- Water Polo (Boys) - non-WIAA sport
- Cheer
- Drill

Football is now scheduled to begin on September 5 and all other fall sports are scheduled to begin on September 7. The WIAA Executive Board plans to revisit these start dates at their scheduled July 21 meeting. Should there be additional changes to the scheduled dates of high school sports for the 2020-2021 school year, the information will be available after the July 21 Executive Board meeting. That information will be communicated to families and be updated on our District and school athletic/activity websites.

Currently, summer activities are underway across the district and vary by school and by individual programs within the school. The programs can continue this summer through August 14. Any school-based summer activity program is optional in nature for athletes. By WIAA rule 17.10.5, "Participation in summer programs cannot be a requirement or condition of participation on a school team," so participation in a summer activity must be optional for athletes. Additionally, as these activities are optional for athletes, coaches are not mandated to run summer activities, as negotiated in their Collective Bargaining Agreement, but have the option to work with their athletic directors to organize summer activities.

Any program that chooses to offer a program during the summer will be following strict protocols to ensure athlete and coach health and safety. Each program's Return-to-Participation plan includes detailed protocols for athlete arrival and dismissal, screening, use of Personal Protective Equipment (PPE), the number of athletes who may work out together, and more.

Please visit your school's athletics page to check on summer opportunities and to register for athletics. Any prospective athlete must register for a sport before participating. Once registered, athletes will receive information from the school's athletic director or a program's coach about participation.

Specifics related to each school's summer program is listed below for your convenience. Included is a link for each school's athletic page, where registration information may be found under the heading "To Participate in a Sport."

Bellevue High School: <https://bsd405.org/bhs/wolverines/athletics/>

Sports	Contact	In-Person / Virtual	Dates/Times
Basketball (B)	feins@bsd405.org	In-person	Mon, Thurs 3:30 p.m. – 7:30pm
Basketball (G)	crossann@bsd405.org	In-person	Mon, Thurs 11:30 a.m. – 3:30 p.m.
Cross Country	hillm@bsd405.org / jenkinsm@bsd405.org	In-person	Fri 3:30 p.m. – 6:00 p.m.
Football	kneijpm@bsd405.org	In-person	Mon, Tues, Thurs, Fri 4:40 p.m. - 7:30 p.m.
Soccer (G)	cochrnp@bsd405.org	In-person	Tues 12:30-2:30 p.m., Thurs 9:30-11:15 a.m.
Track and Field	benardt@bsd405.org / jenkinsm@bsd405.org	In-person (Field Events)	Mon, Wed Afternoons; Dependent on Events
Volleyball	tinglstadj@bsd405.org	In-person	Tues, Thurs 4:30-6:30 p.m.
Wrestling	hamiltonj@bsd405.org	Both	Mon, Wed 11:00-12:00 p.m., or 5:00-6:00 p.m., or 6:30-7:30 p.m., Virtual Mon, Wed 8:30-9 p.m.

Interlake High School: <https://bsd405.org/interlake/saints/athletics/>

Sports	Contact	In-Person / Virtual	Dates/Times
Basketball (B)	marcum@bsd405.org	In-person	TBD (currently planning)
Basketball (G)	cruzr@bsd405.org	In-person	TBD once in phase 3
Cheer	mcleanh@bsd405.org	In-person	TBD (currently planning)
Cross Country	barquistb@bsd405.org / millera@bsd405.org	In-person	TBD (currently planning)
Fastpitch Softball	hillca@bsd405.org	In-person	Thurs, Fri 5:00 – 7:00 p.m.
Football	fosterd@bsd405.org	In-person	Mon - Thu 4:00 – 7:00 p.m.
Volleyball	gerreroe@bsd405.org	In-person	Tue - Thu 9:00 – 11:00 a.m.

Newport High School: <http://bsd405.org/nhs/knights/athletics/>

Sports	Contact	In-Person / Virtual	Dates/Times
Basketball (B)	princem@bsd405.org	Virtual	Thurs 5:30 – 6:30 p.m.
Cheer	blakej@bsd405.org	Virtual	Tues, Thurs 4:00 - 5:30 p.m.
Football	olivera@bsd405.org	Virtual	Tues, Thurs 4:00 - 6:00 p.m.
Soccer (G)	rummelc@bsd405.org	Individual Plans	Individual Skill Development Plans Email from Coach
Volleyball	hsuz@bsd405.org	Virtual	Tues, Thurs 4:00 - 6:00 p.m.

Note: NHS programs are currently planning for in-person activities coinciding with Phase 3 of the re-opening plans.

Sammamish High School: <https://bsd405.org/sammamish/totems/athletics/>

Sports	Contact	In-Person / Virtual	Dates/Times
Baseball	mgregorg@bsd405.org	In-person	Tues, Thurs 4:00 - 6:00 p.m. (Begins 7/21)
Basketball (B)	tillman@bsd405.org	Both	Tues, Thurs 4:00 -7:00 p.m. (@ Tillicum); Virtual: Mon, Fri 7:30 a.m.
Basketball (G)	forgea@bsd405.org	In-person	Wed 4:00 - 4:45 p.m. Fri 1:00 - 4:00 p.m. (@ Tillicum)
Cheer	edgerlya@bsd405.org	In-person	Tues, Thurs 5:00 - 7:00 p.m.
Fastpitch Softball	cabalesj@bsd405.org	In-person	Tues, Thurs 4:00 - 6:00 p.m.
Football	akanar@bsd405.org	In-person	Mon, Wed, Fri 4:00 - 7:00 p.m.
Lacrosse (B)	headlandb@bsd405.org	In-person	Thurs 6:30 - 8:30 p.m.
Soccer (B)	GonyeaD@bsd405.org	Team Skill Development	Workouts emailed to players each Sunday
Soccer (G)	GonyeaD@bsd405.org	Team Skill	Workouts emailed to players each Sunday
Volleyball	newmanmi@bsd405.org	In-person	Tues, Fri 5:00 - 7:00 p.m.

If you have additional questions, please contact the Athletics and Activities Department through email (lowellj@bsd405.org or arnonea@bsd405.org) or phone (425-456-4010 or 425-456-4050).